

Some Lunch Options During TSFP-7

Fast food in the Rideau Centre, connected to the Ottawa Convention Centre (please make healthy choices).	A&W	Hamburgers, onion rings
	Jimmy the Greek	Fast Greek cuisine
	Manchu Wok	Fast Chinese cuisine
	New York Fries	French fries, hot dogs, poutine
	Subway	Submarine sandwiches
	Sushi by Bento Nouveau	Sushi, sandwiches, salads
	Teriyaki Experience	Tepanyaki-style stir-fry
	Thai Express	Fast Thai food
	Tim Hortons	Sandwiches, soup, donuts, coffee
	Viva Italia	Pizza, pasta, chicken, fish
	Richtree Market Restaurant	Buffet style Mediterranean market: meats and produce, pizza, salads, stir-fry
Lunches in the ByWard Market; walk across Rideau Street and turn right on George Street; there are many restaurants in the central building of the Market and in surrounding streets.	The French Baker	119 Murray
	Castle Shawarma	178 Rideau Street, Lebanese style wraps
	La Bottega	64 George Street, Italian deli: Panini, pizza, sandwiches
	Le Moulin de Provence	55 ByWard Market, bakery, Italian, French
	Haveli Indian Restaurant	39 Clarence Street, buffet on Friday & Sunday noon, also Sunday dinner buffet

Some Dinner Options During TSFP-7

There is a tremendous choice of restaurants in central Ottawa, within walking distance from the Ottawa Convention Centre or accessible by a short taxi ride. The few mentioned here are recommended for food quality. Prices tend to get lower from the top of the list towards the bottom. Reservations are recommended.	Domus Café	87 Murray Street, Canadian cuisine, 613-241-6007
	Sweetgrass Aboriginal Bistro	108 Murray Street, Aboriginal cuisine, 613-562-3683
	Murray Street	110 Murray Street, Canadian cuisine, 613-562-7244
	Vittoria Trattoria	35 William Street, Italian, wood oven pizza 613-789-8959
	Suisha Gardens	208 Slater Street, Japanese 613-236-9602
	Lapointe's Fish Market Restaurant	55 York Street, Seafood, sushi bar upstairs 613-241-6221
	Yangtze Dining Lounge	700 Somerset Street West (take a taxi), Chinese, 613-236-0555